

Technetium 2017

Mental/Emotional/Dream Themes

Similarity to Lac humanum:

Connection versus separation

Everyone is together and connected except me

They are all together and I'm on the outside unable to get in

A strong desire for connection between two people

Separation or division versus connection

I cannot possibly connect with another, please don't touch me

The dissolution of the relationship, breaking up

Feel separate from partner

Dreams: Barriers, giant walls, imprisonment, being trapped, or contained

Dreams: Forsaken, forgotten by the group, abandoned

Feeling left out of group, no sense of belonging

Integrated into society and feeling part of the family or group

Involved but separate from conflicts or situations that surrounded me

No one is there for me; I am the one who attends to the needs of others

Proving Quotes

"Now I welcome the time together and am excited for closeness, warmth, proximity. Again, feeling more space inside, extending boundaries, seeking connection."

"It was striking to draw on energy of universe, be there use it, having absolute connection."

"I was so clear, for the first time emotionally!, that I did not care anymore about her responses and our connection. I am done, no emotional connection any longer."

"I felt very separate from him and not considered, and also not surprised. Just sort of let down in a very familiar way."

Dream: I started to feel panicked and desperate that I was going to be left alone in the woods and I was going to die.

Dream: Then I step out and before me, much to my surprise is Woodstock. I see all of the beautiful butterfly banners, butterfly kites on long poles, and all of these signs reading: peace, love, groovy, and three days of peace and music.

Dream: I was leaving and I felt so alone, like an critical connection was being severed with no fanfare at all.

Avoidance, escape, apathy, procrastination

Avoiding (certain persons, daily living tasks, cleaning, shopping)

Completely overwhelmed, so overwhelmed

Depressed, lacking motivation

Apathy accompanied by existential questioning:

"What's the point?"

"Who am I?"

"Why bother?"

Desire escape by napping

Desire to give up, not finish task

Desire to cancel all commitments

Feeling of being blocked, experiencing obstacles on the path, unable to get things done

Forcing myself to do something I cannot stand to do

Hypersensitive, to all external impressions

Procrastination, chronic

Wasting time, watching television (whole series, binging)

Proving Quotes

“ I have this need to go out shopping - for clothes, home decor, etc. It's a way to avoid time I should be spending in my office working on this project but it also feels like a desire for alone, independence.”

Dream: I would bolt, run, if I needed to, run away so fast to avoid this.

Dream: I felt desperate for a way out and wanted to bolt out of there, to run so fast away. But I had put myself in that position, so I just needed to do it and suffer the consequences of my choices.

Dream: They were hemming me in and I wanted to bolt, to run away.

Mind: Sitting here staring. I could just sit here and stare for another hour.

Mind: If something needs to be done, it gets done quick [opposite]

Shame, humiliation, fear of doing the wrong thing

Apologizing to people around me for my behavior

Ashamed: hanging head in shame

Embarrassment, humiliation

Fear of making mistakes, doing the wrong thing

Fear of being punished for being human

Feeling inadequate, less-than, worthless, unworthy

Feeling I've said too much, regret

Dream: The bowel movement was three creatures; one was a sardine fish, 6" long and was swimming around in the toilet. The second creature was some kind of swimming creature that had an under belly that was whitish in color and ridged, almost like armor. The last creature was a grayish brown bug like thing, kind of crawling and swimming around. My feeling in the dream was horror and shock at seeing these creatures that had come out of my body. I had a sense of shame...

Dream: Dream that I am a guest at someone's home. I have diarrhea, worried about the toilet overflowing or plugging, it stinks and I am embarrassed. Voice in dream telling me everyone stinks sometimes.

Dream: I am relieved she is alive, and also mortified at my cold-hearted behavior. I think, "Who just steps on people like that!?" I was so consumed by my urgent need to pee I did not even consider checking to see if she was okay.

Dream: I have forgotten to wear shoes and socks! I am barefoot! I then immediately feel completely mortified and embarrassed, and I think, "What is everyone going to think of me!?"

Dream: The feeling is that I just cannot accept that someone would want to help me just for the sake of helping me, and for the sake of kindness. I strongly feel I don't deserve it. I really feel terrible about myself, like trash, like garbage, unworthy of receiving kindness.

Similarity to Plutonium nitricum

Light versus heavy

Delusion: As if mind floating off outside and around the right side of head (opposite of heaviness)

Delusion: Head will be chopped off

Dream: Legs heavy as lead

Sensation of a veil or hood pulled over my head

Heavy, anxious, claustrophobic, closing in sensation

Heavy, as if in a fixed position, cannot move, glued

Heavy weight pulling me toward the earth

Weighed down with the burdens of life and sense of responsibility

Mind: Feel legs are grabbed at ankles and just pulled down. Feel like stuck into chair. So heavy I don't think could get out of chair. Feel mostly in Lower back, butt and legs. Very strong. As if I couldn't move them at all. Fixed in position. Not afraid of being pulled anywhere, just feel glued to the area, yet a force pulling me down, no fear that going to be pulled anywhere, tremendous weight. Like I couldn't move if I tried, weight is down.

Mind: Top not as heavy, more of a force pull me down.

Mind: Feel, since night we took substance, progressively more buoyant in my mind... This is very helpful for me as I have felt quite heavy in my mind

Calm even in danger, stress, and difficulty

A sense of calm or calmness, or tranquility, when dealing with danger or difficult situations

A sense that "all is right with the world" even in the face of plans or events, or even the world falling apart

Empty headspace, feeling of calmness even in heated situations

Feeling at ease and calm with company, especially in crowds or large groups of people

Finding the ability to ask for help when needed versus complete isolation, abandonment, or forsakenness

Remaining grounded during increased stress

Seeing a task that needs to be accomplished

Dream: Dream that my cat was dead in the bathtub. It was a very dreamy dream. I wasn't sure if he was dead. He was swirling in the tub. It felt dreamy, surreal. It was a cat that has already passed in my life. I wasn't sad, it didn't seem real.

Dream: Danger never quite catches me. Elude it, yet don't feel in danger. Carefree attitude.

Dream: It was scary when the bull came running toward me, but I always escaped. I had to be on guard as the animal was perceived to be dangerous, but felt safe each time the bull didn't get me.

Dream: dreamt I was having an affair with a married man and we were at his house when his wife came home. She didn't really even respond, talk, get upset.

Mind: Calm in the middle of chaos

Mutilation, dissection, and examination; being observed or scanned

Delusions: Mutilated (being sliced from head to pelvis, skin laid open, for all to see)

Dreams: Laboratory and dissecting, being cut open, mutilated

Dreams: "1000 straight pins holding me flat to the surface without pain."

Dream: (1402) I was in a laboratory, middle of the day, bright lights, I was alone, dissecting a chipmunk. The chipmunk had both hands and feet tied spread eagle to a wooden frame, and the frame was standing upright on the table. I had a scalpel and was making a vertical incision from the chin directly down the middle to the pelvis. I was highly interested, curious and focused on discovering what lay inside the chipmunk.

Dream: under the skin of my forehead my frontal bones were showing a divot. They looked as if they were separating in the center back to how they are before they fuse.

Dream: Dream last night "1000 straight pins holding me flat to the surface without pain." No emotion. Feeling of held down by pins, couldn't move or get up to urinate

Dream: I was experiencing a fear and simultaneously a knowingness that I was going to be stabbed in the back, literally and figuratively.

Dream: A beautiful blond woman that looked like Michelle Pfeiffer in a short flowered gown and soft blue open robe went into a bathroom everyday and was hit with a bright shiny frying pan or fists by a dark haired person (a man?) whose features I couldn't distinguish.

Dream: I need surgery, she is going to remove my ovary... I had to have open heart surgery, it was all automated with this robot machine

Dream: This theme of snipers keeps coming up. People talking about snipers, my kid suddenly playing "sniper," news on radio about a sniper. Awful, awful notion of a person as a killing machine. Honing a skill so well, only to use it for murder.

Mind: Feel like symbolically head may be chopped off.

Fear, anxiety, pursued

Hands shaking, trembling with fear and anxiety

Feeling as if someone is behind me, fear increase

Feeling as if someone is on the other side of a door, fear increased

Dream: I fall behind group, pursued by criminals, by a monster, by police

Dream: I was experiencing a fear and simultaneously a knowingness that I was going to be stabbed in the back, literally and figuratively.

Dream: in the dream he was coming towards me and it was clear he was going to hurt me, rape me, maybe kill me. I could feel my face freezing into a grimace of terror so unmoveable that I could not move my mouth to make words.

Mind: feeling there was someone behind me again, was scared, danger and put covers over my back.

Different worlds

Undulating perceptions

Delusions: She is in a different world, a parallel world

Portals between worlds

Dreams: Senses blown to oblivion, explosions

Dream: In my mind's eye, I see ultra-modern buildings, skyscrapers and homes of the future. They are metallic gray, white, and iridescent greenish in color. Somehow they compliment and blend into the sky and earth.

Similarity to Carcinosis

Obstacles, effort, perseverance, accomplishments

Feeling unaccomplished becomes accomplishments

Great effort and constant struggle to effortless, the solutions were there all along
Having the newfound power or belief in myself to do something that I've always wanted to do before but haven't been able to until now

Indecision, quickness in decision-making, decisiveness

Obstacles, blocks at every turn versus everything falling into place

Unable to persevere to accomplish her task becomes industriousness, organization and the capacity to accomplish difficult work.

Want of confidence becomes confident and then overconfident, audacious, and temerity

Dreams: Left alone with a serious task at hand and obstacles on her path

Dream: (1401) I feel stuck in my life as a result of past actions.

Dream: I was standing on the tippy-top of a mountain and emphatically declaring, "I am the one who excels!! I am the one who achieves!! I am the one who does everything better than everyone!! I am!! I am!!!"

Dream: I felt completely thwarted, my efforts to achieve were being completely blocked. Despite feeling all of this inside, I still did not say anything to anyone about it.

Dream: Dream of a sink about to overflow; it's filling with water, soapy bubbles, it's nearing the edge and about to overflow. I rush toward it and turn it off just in time. Feeling was very anxious, worried, too much going on, can't handle it.

Dream: I have to thoroughly prove myself to people first in order to receive help and caring."

Confusion, mistakes, forgetfulness

Confusion to clarity, "fuzzy mind"

Forgetfulness

Making mistakes in calculations, time and dates

Miscommunications

Missing appointments

Dream: (1401) I felt disappointed because I could not crack the code.

Dream: Like all of my senses had been blown to oblivion by how rapidly everything had just happened.

Dream: how did I get in this situation? There was confusion about what was happening and what I was about to do

Dream: Trying to converse, words wouldn't come out. Words are all garbled. In line at grocery store or at bank. Couldn't talk. Mouth was moving though. As if mouth was filled with marbles, making unintelligible sounds but not words. Frustrated feeling. People were helpful and thoughtful, "Take your time," and "You'll get through this, you'll get your words out!"

Mind: In the bigger picture there is clarity but details get forgotten.

Suppression versus expression

An intense desire to "get something out" to express myself; ailments from suppression

Awareness of something is inside that needs to be spewed out

Discovering the ability to speak freely about my feelings; I am usually reserved

I have lost my voice becomes finding my voice

Speaking up after a lifetime of having kept my mouth shut

A lessening of concern of others' opinions

"What do I think?"

“What is good for me?”

Dream: I felt completely thwarted, my efforts to achieve were being completely blocked. Despite feeling all of this inside, I still did not say anything to anyone about it.

Dream: I think, "To hell with it!" and I strip off my clothes and run naked into the crowd. I felt absolute freedom.

Dream: A transgender person putting on makeup in a mirror, I'm watching them do this, "Normal is overrated," they tell me.

Mind: "You are somebody! Be proud, don't allow this!" This feels better, from strength. "You can't do that to me!?" I am strong, I can persevere.

Mind: We were all nude around each other growing up. Parents, siblings. It was normal.

Boundaryless and powerless

Boundarylessness versus shutting out the world

Feeling drained by other people's' energies becomes no longer taking on other people's energy

Powerlessness, to all powerful, superhuman, all-accomplishing industriousness

Dream: I am high in the air surrounded by a lightning storm. I feel the winds flowing around me and through me I feel empowered. I am high above the earth in this swirl of clouds and storm. I can see the earth far, far below. I feel empowered and so very alive.

Mind: Boundaries are very clear. Normally feel other people's feeling and try to accommodate them, or accommodate what I perceive they need. Now they are not bothering me, I am not taking care of them anymore.

Frenetic rushing

Busyness, to an extreme

Chaos

Frenetic activity, moving and working at lightning speed

Thoughts rushing, zooming

Mind: Need to doodle. My hand needs to be busy. There's an intensity to it.

Mind: I have a strong desire to dance today.

Nostalgia, past history, and the deceased

Nostalgia and yearning: Strong connections to the events and people of the past, long dead

Music and songs from the past

TV: Drawn to or strong aversion to television (the media of the past)

Themes of World War II - particularly people who survived or helped to win the war

Visions of saints, messages from the deceased

Women

Women's groups

Women as leaders: Saint Genevieve, Saint Joan of Arc, Marie Curie, and Wonder

Dream: I have received an offer for me to work as a laboratory assistant at the newly opening laboratory for Madame Marie Curie, the Institute of Radium! I can barely contain myself!! This is the opportunity of a lifetime! I cannot wait to write a letter of acceptance for this position. She has won a Nobel Prize and I may be directly assisting her and her efforts.

Dream: I look a bit closer, and there on the floor in front of the toilet is a female college student lying, covered in the heaps of toilet paper and urine. She looks dead. I am horrified to see this, as well as realizing that students have been passing by all day and no one has noticed her or helped her.

Mind: I am thinking of the upcoming Wonder Woman film; I keep seeing the images of her bracelets and bullets striking them, lightning or electricity jettisoning off of them. Power and might; however, feminine might. Wonder Woman featured prominently in my 1970s childhood. She is a clear representation of a goddess to me.

Mind: I would've loved for a demigoddess to appear to rescue me from my bullies!

The search for identity

Confusion of identity

Confusion of sexual identity

Dreams about identity

Dream: I have always struggled with figuring out my identity

Dream: A transgender person putting on makeup in a mirror, I'm watching them do this, "Normal is overrated," they tell me.

Highlights from the Proving - Key Physical Conditions Addressed:

Vertigo: Bed, seems to be turning, Nausea, Vomiting.

Head: Eruptions; Expanded sensation; Fullness with vertigo; Hair, brushing agg.; Hair, greasy;

Heat, Heat with sensation as if a hot iron around the head; Heaviness; Pains, numerous; Pulled back sensation; Sensitiveness; Shaking; Tingling; Water, sensation as of.

Eye: Crusty, margin of lids; Detachment of retina; Discharges, burning; Discoloration, red; Discoloration, margin of lids, red; Dryness; Heat in; Heaviness; Itching; Lachrymation; Pains, numerous; Photophobia; Right sided; Swellings, numerous; Tension; Unsteady look; Water, sensation as of.

Vision: Blurred; Foggy; Loss of vision, night.

Nose: Congestion; Coryza; Epistaxis; Odors, real and imaginary; Pains, numerous; Smell, diminished; Sneezing; Ulcers - nostrils.

Face: Clenched jaw; Congestion; Cracked, corners of mouth; Discoloration, red; Drooping, lips sensation of; Eruptions, numerous; Heavy feeling; Pains, sinuses; Right sided; Swelling.

Mouth: Biting, cheeks; Dryness; Eruptions, numerous; Pains, numerous; Smoking, agg.; Swelling, tongues, sensation as if; Taste diminished; Tongue, burnt as if; Ulcers, numerous.

Throat: Lump sensation, as if a block or lump.

Back: Heat, spine; Pains, numerous; Shocks, electric like; Stiffness; Tension.

Extremities: Awkwardness, dropping things; Coldness, feet; Cracking in joints; Cramps, numerous; Dryness; Eruptions, numerous; Pains, numerous; Restlessness; Tension; Tottering gait; Wooden sensation.

Sleep: Deep; Disturbed; Falling asleep; Sleeplessness; Unrefreshing; Waking.

- Proactive
- Swift, cunning

- Awareness of the moon

- Feeling cared for, calm and relaxed
- Having sense of being held and cared for in the universal flow

- Desire to walk around the room
- Bouncing off the walls
- Desire to run away
- Want to run out so fast
- Bolt out of there

- Crying as a way of releasing feelings
- Grief blunted, not crying (opposite)
- Unfeeling, hardhearted (opposite)

-Sunshine amel.

- Desire to take wandering walks in the woods
- Desire to be in the woods, tend to the plants there
- Wild woods
- Dream: woods, camp

-water

-overflowing

-spilling

-ocean, sea

-Swimming

-Aquatic creatures

-Dream: pulled underwater by whale

-Dream: I was in water battling a great big green sea monster or dragon. I felt very weary with the battle, it seemed to drag on. I would get pulled under sometimes.

-Mind: a kind of pain, loss, slipping down to a place, I feel very alone. Very sad, for some reason want someone else to pull me out, reaching hand up.

-Dream: rain, raging flood

-Mind: warm bath amel., desire for

- waterLINE, fishing LINE, deadLINE

-Looking at that I feel as if I'm beginning to float outside of my body. Looking at things in space from a floating perspective. I'm not even tethered. Although I'd have to be TETHERED in order for gravity not to pull me off if there were no gravity.

-new endeavors: tai chi, writing, journaling, new office space

-Images of bright colors, especially orange; yellow

-Vibrant colors

--Like new love, a lover, passion

-Feel so excited about life right now

-Irrepressible excitement

-Rowdiness, merriment

-Travel, flying

[original list before grouping of themes, for reference if needed]

Spring Proving 2017

Mental/Emotional/Dream Themes

- Feeling accomplished. Doing something that you've wanted to do before but haven't been able to. Accomplished from hard work.

- Awareness of the moon

- Feeling drained by other people's' energies

-Feeling cared for, calm and relaxed

-Dreams of being left alone with a task at hand

-Images of bright colors, especially orange

-Feeling of confidence

- Songs from the past "Iko, Iko" ABBA,
- Calmness when dealing with difficult situations.
- Groundedness even during stress
- Desire to take wandering walks in the woods
- Sensation of a veil or hood pulled over head. Heavy weight pulling me toward the earth
- Desire to walk around the room
- Ability to ask for help when needed
- Empty head space, feeling of calmness even in heated situations
- Finding your voice. Ability to speak freely about your own feelings
- Hands shaking with anxiety and fear
- Desire to get something out. Something is inside that needs to be spewed out.
- Drawn to or aversion to the TV (television)
- Crying as a way of releasing feelings
- Rushes of thoughts
- Feeling as if someone is behind me, fear
- Heavy, anxious, closing in
- Busyness to an extreme
- Feeling of doing superhuman feats
- A sense that all is right with the world even in the face of plans or events falling apart
- Having sense of being held and cared for in the universal flow
- Feeling at ease and calm within crowds or large groups of people
- Strong connections to the events and people of the past
- Visions of saints, messages from deceased famous people
- Themes of World War II - particularly people who survived or helped to win the war
- Being able to feel involved but separate from conflict or situations I'm surrounded by
- No longer taking on other people's energy
- Apologizing to people around you for your behavior
- Not appreciated: I want to say, "But look what I made for you!! Look what I did! Isn't it great?! Don't you appreciate it!?"