

Ovum Chelydra Serpentina (Snapping Turtle Egg)

Submitted by Jason-Aeric Huenecke

Editor's note: The submission style for this proving includes references to turtles from other proving substances. We set them apart in boxes throughout the proving. I hope you will find this helpful in training ourselves to make connections between remedies with a similar experience.

"All the thoughts of a turtle are turtle." —Ralph Waldo Emerson

MASTER PROVER: Eric Sommermann, PhD, RSHom (NA) led the proving of *Ovum chelydra serpentina* for the Northwestern Academy of Homeopathy in 2004.

SOURCE: 10-15 snapping turtle eggs from Northern Minnesota; provided by Alex Lanning (alumnus).

METHODOLOGY: 15 provers participated in this double blind study. Neither provers nor supervisors knew what the proving substance was.

COMPILATION: Teresa Stewart and students of the Northwestern Academy of Homeopathy.

KINGDOM: Animalia
PHYLUM: Chordata
SUBPHYLUM: Vertebrata
CLASSIFICATION: Reptilia
ORDER: Testudines
SPECIES: Chelydra

NAME: Ovum is Latin for egg; chelys, from the Greek for turtle; hydros meaning a water serpent; serpentina is Latin for snake-like.

BREEDING & BIOLOGY: Every aspect of the common snapping turtle's (*Chelydra serpentina*) life is full of aggression, including their breeding instinct. Triggered by temperature changes from winter into spring the snapper is quite prolific, laying 20-80 eggs per year that hatch in 9-15 weeks. Some incubate throughout the winter. Females can hold sperm for several seasons. Snappers live

30 years in the wild and nearly 50 years in captivity; additionally, snapping turtles in captivity have a tendency toward obesity.

"Mating takes place from April to November. In the mating process, the male positions himself on top of the female's shell by grasping the shell with his claws. He then curves his tail until his vent contacts the female's vent. Fertilization takes place at this time. After the eggs have developed sufficiently in the female, she excavates a hole, normally in sandy soil, and lays as many as 83 eggs. The eggs take 9 to 18 weeks to hatch depending on the weather. Interestingly, female snapping turtles sometimes store sperm for several years. Sperm storage allows individuals to mate at any time of the year independent of female ovulation, and it also allows females to lay eggs every season without needing to mate."¹

There are four families of snapping turtles: the Common Snapping Turtle, *Chelydra serpentina*, classified by Linnaeus in 1758; the Florida Snapping Turtle, *Chelydra serpentina osceola*, classified by Stejneger in 1818; the South American Snapping Turtle (found in Ecuador), *Chelydra serpentina acutirostris*, classified by Peters in 1862; and the Mexican Snapping Turtle, *Chelydra serpentina rosignoni*, classified by Boucourt in 1868.⁴

CLASSIFICATION: The first turtles lived over 200 million years ago. Classified by their shells, the snapping turtles' shell can grow from 8 inches up to 19 inches in length and it encases their bodies in a shell of bony plates covered by horny scales. It is usually dark and has ridges, although these ridges diminish as the animal ages. Covered with algae or plantlike growths, the snapping turtles' shell range in color from dark green or black allowing them to blend into their habitat easily. They weigh from 8 to 35 lbs. and look rugged, muscular, and prehistoric. They have large heads with a hook on the upper jaw that resembles a beak (no turtles have teeth). Their necks can lengthen across half of their shell, thus making the snapper very dangerous to human digits. Male snappers' tails are usually longer than females'. This difference is called dimorphism.

“Soreness of external parts, as if the skin were off, especially about elbow,” has been confirmed as an indication in *Chelone glabra*, in the Scrofulariaceae family, also known as “turtle-head” according to J.H. Clarke; this is of note considering the vulnerability of the snapping turtle and its limbs.

GEOGRAPHIC RANGE & HABITAT: Snapping turtles live in North America, Central America and South America, from southern Canada to Ecuador. These turtles typically live in vegetation filled wetlands, marshes, in rivers and streams and swamps; shallow, calm or brackish waters with muddy bottoms. Most make their homes in freshwater areas, but some live quite well in somewhat salty waters. They also hibernate through long winters in northern climes.⁵

HIBERNATION: In northern climes, snapping turtles hibernate by burrowing deep into the earth within bodies of water. “Scientists have found that the blood of hibernating turtles actually changes to function like antifreeze used in car radiators. As a result, the turtle’s body temperature can drop to only a few degrees above freezing, which is much lower than that of most animals that hibernate.”²

FOOD HABITS: Snapping turtles are omnivores meaning they eat everything available to them including insects, eggs of all kinds, small mammals, fish, amphibians, reptiles, mollusks, ducklings, goslings, adult ducks and geese, and primarily eat carrion as well as vegetation of all sorts including algae. Turtles that eat flesh have hooked shaped beaks similar to those of raptors; they easily slice and tear food and enemies apart.

PREDATORS: Snapping turtles’ predators include humans for their meat; their eggs and hatchlings are preyed upon by alligators (*Alligator mississippiensis*); great blue herons (*Ardea herodias*); magpies (*Corvidae*); crows (*Corvus brachyrhynchos*), and ravens (*Corvus corax*); Opossum (*Didelphis virginiana*); gulls (*Larus*); striped skunks (*Mephitis mephitis*); largemouth bass (*Micropterus salmoides*); northern water snakes (*Nerodia sipedon*); raccoons (*Procyon lotor*); bullfrogs (*Rana catesbeiana*); and red foxes (*Vulpes*). Few animals manage to prey on them once they reach maturity; they are pugnacious and ferocious, defending their lives aggressively with the slightest provocation.

USES: Humans commonly eat snapping turtle meat. Native Americans commonly use snapping turtle shells in many of their ceremonies. The shells have been dried and mounted on handles with corn kernels inside for use as rattles.

MYTHOLOGY: “In the beginning there was only one water and the water animals that lived in it. Then a woman fell from a torn place in the sky. She was a divine woman, full of power. Two loons flying over the water saw her falling. They flew under her, close together, making a pillow for her to sit on. The loons held her up and cried for help. They could be heard for a long way as they called for other animals to come. The snapping turtle called

all the other animals to aid in saving the divine woman’s life. The animals decided the woman needed earth to live on. Snapping turtle said, ‘Dive down in the water and bring up some earth.’ So they did....”³

BELLADONNA HAS THE FOLLOWING SYMPTOM: DELUSIONS—SEES LARGE TURTLES IN ROOM.

Mind:

Strange sensation when driving through a tunnel at night, when illuminated. Felt like I was a cell or something very small passing through a blood vessel.

I still have this sensation of a dreamy feeling, like I’m functioning after not having slept all night. I can concentrate and am able to get things accomplished. It is hard to describe but I feel normal yet when I look up, it looks dreamy. Something like I’m normal but my eyes are a little dreamy or my vision is a little dreamy.

Dream, as if in a dream affecting vision.

I felt “altered” when driving, like I wasn’t quite all there. It’s almost like I am on a drug, not really connected to what I am doing, but without the grogginess of a drug, like I feel as if I am drinking alcohol.

I feel drunk when I got up this morning. My speech seems slurred, my body heavy, my head feels heavy, and I feel like I can’t think clearly. This feeling lasts for about fifteen minutes.

I saw horses when I closed my eyes. When [I] got home from work I turned on the television and the Kentucky Derby was on!

[As] compared to normal, I am actually thinking quite clearly as I go though this; usually my thinking gets muddled, because of fear and worry. But this time I feel unusually clear thinking about this whole deal. I clearly see where everyone...is misunderstanding the other. I am a bit resentful that I have to be the one to mediate this all out. But it seems no one else...sees it as clear as I do.

Everything [seems] clear, more colorful, sharper and vivid.

I find that I am more forgetful and easily angered in the evening.

I had a dream about food practices, making sure that foods are properly cleaned; I can’t remember any more and am finding this frustrating. [It] feels like my thoughts are being taken away.

Now I feel angry that my thoughts are being taken away, [I] feel like someone is doing this to me. It makes me angry.

[I experienced a] fuzzy feeling in [my] head, as if I couldn't quite make sense of the moment... better after eating... [this] feeling continued all day, [it was] less intense in the evening.

Mental cloudiness, confusion, dazed, difficulty concentrating and focusing on tasks; distracted easily, and feeling spacy.

I felt spacey while driving. Would shake my head to get rid of the feeling and get back to the present. That would help for awhile, but the feeling would return.

[I] feel very upbeat and positive; like I am surrounded by great possibilities and potential for success...that I will succeed. Something is opening up for me. I sense an opening of opportunity. I feel very blessed. I feel very aware and I want to be still and see what I can feel and experience. I desire to meditate. I wonder if I should wait till after the proving...but I don't want to.

I felt upbeat and positive, like surrounded by possibilities and potential that I will succeed, like a window or opening portal of opportunity—I can almost see it, as if something opened up in the cosmos. I am very blessed, very aware; I want to be still and see what I can feel and experience. I have a deep desire to go inwards.

I continue to feel very positive and hopeful.

The role of mediator.

[I am] stuck in the middle trying to mediate between all the players and ticked off about having to educate people on how they are being selfish and not thinking through what other people's timeline is. Compared to normal, I am actually thinking quite clearly as I go through this.

Determined and motivated.

Curious and detail oriented.

I seemed to notice something I never saw before and was very curious about it; something by the railroad station. I craned my neck trying to make out what I was seeing and almost stopped the car to look. It was noticing details I have never seen and being curious about it.

Everything [seems] clear, more color, sharper. [I] caught myself looking at flowers on bed cover, noticing them.

I wanted to be close to who I used to be, carefree and full of hope for all possibilities.

I have been very nostalgic this week. I have been thinking about people from my past.

I was very easily and quickly offended by a conversation at work. I took it personally and felt like I was being insulted—when I felt like I was being insulted at work—my coworkers were talking about dedicated fathers, and their conversation was such that I felt like they were insulting my own father because he had served in the Navy and was away on deployment quite often when I was young. I immediately felt as though I had to defend his honor and integrity because they had no idea what they were really talking about. I didn't strike out at them, but it was a bit of an internal struggle to make the choice to leave the room. I got very shaky inside and my face was very hot and flushed.

Irritability with children, co-workers, family members, pets.

Extreme irritability and annoyed with everything.

Irritability accompanying hemorrhoid; I feel it is disgusting to have this tail thing hanging out of my butt.

Dictatorial; Impatient; Overreacting.

I became very easily angered at the remarks of my traveling companions; I stormed off and wouldn't speak to anyone for hours.

A huge communication failure; I would say that my response was that I did not even want to talk...and I didn't...I didn't say a word unless I had to.

I have very little desire to socialize and the mindless chatter of people is aggravating me more than usual.

I want to be left alone.

Aversion to company.

Desire to hide and rest.

I react to the most ridiculous things.

Industrious.

I am feeling task oriented and industrious.

Once I got going on my homework I felt better emotionally, like I was accomplishing something. I feel like if I don't accomplish something each day I am losing time, getting behind. If I get behind I feel like I will never catch up.

I had an itch to get out in the garden. I love to see the green shoots coming up in the spring. I still have the urge to be industrious and would have liked to work in the garden all day.

[While traveling] at one point [I suddenly realized] we were on the wrong road. I just had this sense we were on the wrong track. I went to the map and I was right. It was dark and in the middle of the night, and the road just didn't feel right. I remembered traveling that way before and the road didn't feel right.

Sensation that time is running out.

Hurried.

Speech excited, loquacity.

I talked with my proving supervisor about the proving today. I feel like I am revealing way more than I am comfortable with at times...I feel vulnerable...at times I feel tears come on while talking to him and like my voice was loud.

I'm noticing the birds and rabbits as I walk today.

I was talking out loud in the house (no one was there) cheering the crow on because usually the blue jays are mean and chase everyone away. I was cheering for the underdog. I was saying, "It serves you right you nasty blue jay, always chasing the other birds away. Go get him crow! Give him what he deserves!" I had a malicious feeling towards the blue jay. Normally I would feel for whoever was getting shoved around.

The centipedes have started to appear in my house (it is spring and very wet), and as usual, I am frightened and disgusted by them, but more so. Tonight I stood on a chair when one ran past me when my dog was chasing it. I wanted him to kill it, but I was worried it might bite him.

Anxious; Fearful; Obsessing.

I felt very, very unappreciated.

I am packing up to go home. I am really looking forward to getting home.

I felt weak, trembling; I want to hide and rest. It's windy and I do not like it; I am restless and I want to stay home inside my house. I do not like it that I am restless, I want to stay home and inside the house.

I'm anxious, I'm afraid of being too bossy. I think the trembling feeling I am having relates to the not wanting to be so bossy. I haven't found a healthy alternative.

Thoughts of death; thinking about death in wakeful times.

Last night in bed there is a rattling of my bedroom door that wakes me with a jolt. I think it is the cat batting the door but I feel fearful, thinking it could be someone in the house. Normally I would get up and scold the cat and then go downstairs to check if the gates to keep the dogs in have been taken down so she can get to her food and water. I am fearful and don't want to go out of the bedroom. I think I should go check on my daughter but I am fearful. I am awake for a little while then I make myself go back to sleep and I sleep soundly.

Stupefaction.

Fidgety; Restless.

Overwhelmed.

Wildness; wild cravings.

DREAM FROM THE PROVING OF THIOSINAMINE BY TONY GRINNEY: "A BABY—I WAS HOLDING IT AND SOMEBODY WARNED ME NOT TO LET HEAD GO. THEN SAW TURTLES ON THE FLOOR—EATING A RAT—THOUGHT TURTLES WERE VEGETARIAN—SO WHY WERE THEY THERE?"

Dreams:

Abandoned child; Accidents; Animals, bats, chickens, dog, snakes (yellow); Bathing, showering; Beheading; Cars; Cave; Closeness; Cold, of being; Community of people; Crawling on the ground; Curious, of being; Beach; Bed, hunting for a place to sleep; Bloody; Body, dismemberment of, odor; Deceived; Dismissed, of being; Disoriented; Driving; Dwarves; Escaping; Examinations, failure; Excluded; Family members; Fate; Fears; Fighting; Finery; Food, ethnic food, someone eating her food; Forsaken, of being; Giants; Guilt; Hiding; Indebted feeling in; Inferiority; Interviewed; Jealous; Laughed at, of being; Lost; Mess; Mother; Playful; Police; Pool of water; Proud, of being; Rage; Repulsive; Ridiculed; Risk taking; Rivers; Romantic; Scorned; Senses acute; Sickness; Silly; Sister; Snow; Striptease; Surgery; Trapped; Traveling; Treasure; Trees, fast growing trees, Maple trees, pruning, small trees, trunks; Unsuccessful efforts; Work.

Dreams absent, menses during.

Dream: I am with my daughter in a car; in a town with steep hills. There is ice and snow. I try to get up a hill so I can get out of town. I can't get up the hill; I back down. I find another hill that

looks clearer. I get to the top. At the bottom on the other side is a pool of water. A man drives in so he can get out of there. He goes down deep and the pool seems to get larger. It looks like he won't be able to come up. Finally he swims to the top. All of us watching let out a sigh of relief. I wonder how I will get out of this place. I think I need to call my husband to see if our car can go through the pool unscathed. (I have a feeling of discouragement, that there is no way to get out of this place.)

Dream: Traveling with my mother. Staying in a guesthouse, situated on the top of a very steep hill. Some kids lived near by, kept coming out to see us—they were curious about us. I was not able to take off much time from work, so my mother had begun her travel earlier and we rendezvoused here. I was handling a lot of the practical details. I felt responsible—not quite motherly, more husbandly, like I was taking care of the “man’s job” sort of duties.

Dream: Not well remembered. I was going to a classmate’s house. It was in a remote place. I had a little snowmobile to get there. She was on it with me. I was concerned because the area we were going into was wetland. I wasn’t sure if it would be frozen solid and we might go into the water. Sure enough, it started to get quite slushy and the machine wouldn’t dig in. I was afraid we were going to sink in and get stuck. I really gunned it, and we got out and went up an incline where it was more solid. When we got to the top I picked up the snowmobile, and it looked like a large toy rabbit with little feet on it for the tracks. No wonder it wasn’t doing the job.

Dream: I was at some place where there were many places to hide. I was there with several people and someone was the object of much scorn and being made fun of. At some point, a companion and I had to crawl on the ground to avoid being noticed by anyone. Later in the dream, I took part in poking fun at the targeted person and was told by the others in the group, “We didn’t know you had it in you!” The place where things occurred was a log structure with many steps that I had to hide and crawl around on. After waking up, I felt terribly sad and upset that I had made fun of someone and had disappointed my companions. (The feeling of disappointment stayed with me for most of the rest of the day.)

Dream: I had a new job and had set up day care for my eight-month-old child. It was like everyone else was in slow motion, or some sort of time warp because they weren’t keeping up! So much to get done but they didn’t get it. I had a friend lined up to watch this child, and she forgot to take care of this child and we had to go back to find this child! Someone found this child on the bus and brought it into a store with lots of bottles and I picked the child up there.

(Now, about this child. This child looked like...the Grinch with that kind of smile, but the skin was a leathery hide-like color with snagle-teeth, black, crumbly, irregular shaped. My

thoughts on this child are I feel a parental bond to this child yet I am somewhat repulsed by the appearance of it.)

**DREAM FROM THE RE-PROVING
OF AGNUS CASTUS BY DONALD
MACFARLAN: A FRIGHTENING
DREAM OF A SNAPPING TURTLE.**

Vertigo:

10 hr, 19 hr; Room turns in a circle; Waves in.

Head:

Chilliness, icy; Eruptions; Formication; Hair, dry; Heat; Heaviness; Jaw, pain lower left; Pain, 10 hr, 15 hr, accompanied by vertigo, hunger, frontal sinuses; Scalp, dry; Sensation, pressure as if squeezed during vertigo, pulling down back of head.

Eye:

Closing the eyes; Heaviness; Itching, canthus; Pain, as from a nail; Photophobia; Sand, sensation of; Tired; Warmth.

Vision:

Foggy.

Ear:

Pain, acute, sharp; Side, alternating; Stopped sensation.

Hearing:

Acute; Sounds, humming, melodic, ringing.

Ringing in ears...like a large choir of crickets, but [more like] humming than chirping.

[There were] sounds on my pillow; it was like I could hear sound as if it was my brain waves bouncing back off the pillow and they went into my ear. I was not making any sound at this time. It could have been ambient sound from the room but I couldn’t identify what it would have been. The sound was echo-like...it was like whale sounds underwater....

Nose:

Dry; Eruptions, acne; Pain, acute, at bridge of nose, sticking; Sensation as if open; Smell, acute; Sneezing; Sniffles.

Face:

Dryness, lips; Eruptions, acne, around lips, dry, patches; Flushed; Redness, lips; Sensitive; Swelling, lips; Twitching sensation.

Mouth:

Dry; Speech, thick (slurred); Pain, tongue (left side); Taste, bloody.

Teeth:

Dry, sensation as if; Hollow, sensation as if; Pain, left lower teeth, left upper teeth, right upper teeth, shooting.

Throat:

Constriction; Dry; Dysphagia, difficulty swallowing; Hawk disposition to, better from water, worse upon waking; Mucus, tenacious; Numbness; Pain, left sided, right sided; Pressing sensation; Scratchiness, aggravated by post nasal drip; Swelling of cervical glands.

Sensation in throat, slight, upper right, that comes and goes, it is as if someone is putting pressure there with their finger.

I had glandular throat pain, bilateral shooting throat pain, bilateral shooting [pains] for short time.

External throat:

Cyst, as if from insect bite, painful, red; Formication, extending down neck and arms.

Larynx and trachea:

Strained sensation; Tightness.

Neck:

Formication; Pain, rubbing, ameliorates; Stretch, desire to; Tight.

Stomach:

Appetite absent during the day, increased at night, with perspiration, with trembling; Discomfort; Eructations, belching in sleep, wine aggravates; Fullness, sensation of after eating ever so little; Knotted sensation; Nausea; Pain, after eating; Pressing pain; Ravenous; Rumbling; Sinking feeling accompanies hunger; Thirst, upon awakening, water does not ameliorate; Thirstlessness.

Abdomen:

Anxiety in; Distention; Gas trapped; Pain, rubbing ameliorates; Pulsation; Sensitive to pressure; Spasm around umbilicus.

Rectum:

Constipation; Flatus in sleep; Hemorrhoid, painful, protruding (like a tail); Itching; Pain, burning, prickling, stretched (as if); Tear, bleeding.

Stool:

Brown; Dry; Loose, menses during.

Bladder:

Pain, stitching; Urging to urinate, frequent (every thirty minutes), immediately; if he does not urinate involuntarily, he feels as if urine passed.

Female:

Discharge, absent, copious; Menses, accompanied by loose bowels, brown, clotted, copious, delayed, mucus absent, slow, watery; Pain, 13-17 hr, burning, cramping absent, cramping; itching, pubic bone; Uterus, sensation of something alive in, tossing, turning.

I normally have a slight amount of vaginal discharge with clear, non-irritating mucus. Today I noticed I'm completely dry—no discharge. [I am] still extra thirsty. [My] stools are dry but [I am] not constipated; skin is not particularly dry. No dreams [during menses].

Respiration:

Asthmatic, sensation as if; Deep; Difficult, 16 hr; Labored

Cough:

13 hr, 16 hr, Asthmatic; Dry.

Expectoration:

Tenacious.

Chest:

Fullness; Mucus, lungs in; Oppression (tight); Pain, acute, lying on right side aggravates, ribs; Pulsation; Spasm.

Back:

Formication; Itching, 10 hr, lumbar region, burning, violent; Pain, aching, dorsal region, scapulae, right, joints, lumbar region accompanied by menses, sitting, shoulders; Tight.

Extremities:

Cold; Formication, crawling, creeping; Heat; Hip; Numb; Pain, cramping, deep, nates, night in bed, right sided, thigh; Perspiration, hands; Pulsation, fingers in, intermittent; Restless; Trembling, hands in, internally, Varices.

Sleep:

Catnaps between 13-18 hr; Drowsiness; Falling asleep easy; Interrupted, formication; Perspiration during sleep; Position, changed frequently (tossing much), unchanged (one position throughout sleep); Refreshing; Restlessness; Sleepiness, 16 hr, from sounds in the heart, overpowering; Sleeplessness, until 3 hr; Unrefreshing; Waking, 5 hr, difficult, frequently.

[I] had a horrible time falling asleep and staying asleep. [I] worried about all the things that I have to do.

Perspiration:

Cold; Heat, flushes of; Sleep during.

Skin:

Dry; Eruptions, acne, desquamating, patches; Formication; Weather, cold aggravates, wet aggravates.

Chill:

Chill alternating with flushes of heat.

Generals:

18 hr, aggravated; Air, aggravated by open air, desire for open air; Alive sensations internally; Cold aggravates; Cloudy weather aggravates; Collapse; Complaints appearing suddenly, disappearing suddenly (rapidly); Dryness of usually moist internal parts; Faintness; Fatigued; Formication, as from lice; Heat, flushes of, lack of vital heat in morning; Pain, aching; Pulsation, lying down increases; Riding in a car ameliorates; Stiffness; Sudden manifestation; Trembling, externally from hunger, internally; Vigor, vitality, energy in the evening; Vitality lack of vitality; Weakness; Wet (damp) weather aggravates; Wind aggravates.

Food:

Cravings: Cheese; Chocolate; Coffee; Cream; Dairy; Eggs; Farinaceous food; Fat; Ice cream; Meat, raw meat, red meat; Rich food; Salad; Salt; Sweets.

Aversions: Honey, aggravates tooth pain; Sweets, aggravate tooth pain.

Remedy Source Information was gathered from the author's personal experience/knowledge and the following references:

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